



# CHAIR YOGA

*Improve your balance, strength and flexibility*

## SCHEDULE OF CLASSES

<b>Jun 02</b> Tue	10:15am - 11am	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505
<b>Jun 04</b> Thu	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505
<b>Jun 09</b> Tue	11am - 11:45am	445 St. Michaels Dr, Santa Fe, NM 87505 (Community Room)
<b>Jun 30</b> Tue	10:15am - 11am	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505

\*Each class has a maximum of **14 seats** available

Please register with **Phy Encluna** or call **505-913-8951**